


Indapur Taluka Shikshan Prasark Mandals
Arts, Science & Commerce College Indapur, Pune-413106
S.Y. B.A. Teaching Plan 2019 - 20

Department of Psychology

Teacher Name	Course / Class	Subject Name	Subject Code	TERM I
Shinde.S.M	SYBA	Social Psychology (G2)	2224	III
Unit Name	Topic Name	Topic Description	No of Lect	Weightage
Chapter 1 Understanding the Field of Social psychology	1.1 Social psychology	Definition and Three levels of Behaviour	12	10
	1.2 History and Related Fields	Anthropology, Sociology, Gender Studies		
	1.3 Role of theory in Social Psychology	Cognitive, Learning, Motivation		
	1.4 Social Psychology Research in the areas	Family, Law, Health and Industry		
	1.5 Application	Use of Internet in data collection in Social Psychology		
Chapter 2 Understanding Self and Gender	2.1 What is Self?	Real, Ideal and Social	12	10
	2.2 Concepts related to self	Self Concept, Self-Presentation, Self-Regulation and Impression Management		
	2.3 What is Gender	Gender Role Development?		
	2.4 Gender Differences	Gender Differences in Self Esteem		
	2.5 Application	Improving Self Esteem (Tests)		
	3.1 Behaviour	Definition, Characteristics and Types		

Chapter 3 Behaviour in Groups and Social Influence	3.2 Group	Group Decision Making, Cooperation v/s Competition	12	10
	3.3 Leadership	definition and characteristics		
	3.4 Conformity	nature and factors, Obedience		
	3.5 Application	Use of Compliance techniques – foot in the door, door in the face, that's not all, low ball, pique technique		
Chapter 4 Attitudes and Prejudice	4.1 attitudes	Definition, nature, components of attitudes	12	10
	4.2 Attitude and	explain concepts		
	4.3 Prejudice	Definition and Causes of Prejudice		
	4.4 Relationship	Relationship between Prejudice, Discrimination and Exclusion		
	4.5 Application	Attitudinal Change and Reducing Prejudices		
		Total	48	40


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Shinde.S.M	SYBA	Social Psychology (G2)	2224	IV
Unit Name	Topic Name	Topic Description	No of Lect	Weightage
Chapter 5 Interpersonal attraction and Close Relationships	5.1 Internal Determinants of attraction	affiliation, affect	12	10
	5.2 External determinants of attraction	proximity, observable factors		
	5.3 Interactive Determinants of Attraction	Effects of Rejection		
	5.4 Close Relationships	family, friendship, love – theories of Love		
	5.5 Application	Marriage – preparedness and problems- need for premarital and marital counselling		
Chapter 6 Aggression	6.1 Definition and Levels	Irritation, Anger, Aggression, Violence	12	10
	6.2 Forms of aggression	inter group, intra group, child sexual abuse, domestic violence, workplace violence, bullying, ragging		
	6.3 Causes of aggression	theories -biological, Instinct, psycho social cognitive		
	6.4 Perspectives	environmental,cultural, media		

	6.5 Application	Prevention and Control of Aggression		
Chapter 7 Pro- social behaviour	7.1 Motives	Motives for Pro- social Behaviour	12	10
	7.2 Dealing	Dealing with Emergencies and Bystander effect		
	7.3 Internal and external factors	Internal and external factors influencing Pro-social behaviour		
	7.4 Commitment	Commitment to Socially responsible behaviour		
	7.5 Application	How to increase pro – social behaviour		
Chapter 8 Communication	8.1 Definition	Definition, Process and Types- Verbal, Non verbal	12	10
	8.2 Codes	Codes for Non - verbal Communication		
	8.3 Healthy and Unhealthy	Healthy and Unhealthy communication		
	8.4 Communication skills	presentation, Group Discussion, Interview		
	8.5 Application	Tips on how to communicate effectively		
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Shinde Shrinivas Machindra	SYBA	Developmental Psychology (S2)	2226	III
Unit Name	Topic Name	Topic Description	No of Lect	Weightage
1. Development and Beginning of Life	1.1 Developmental Psychology	Developmental Psychology, Definition meaning, Nature and Scope. Development Key Issues – Nature and Nurture	12	10
	1.2 How life begins	i) Genes and Chromosomes. ii) Pre-natal development stages and hazards.		
	1.3 Complications	Birth and Birth Complications		
	1.4 Post Natal Development:	i) Post Natal Adjustment ii) Complications		
2. Infancy	2.1 Physical Development in Infancy	The Collaborative Genes, Genes and Chromosomes, Genetic Principles, Chromosomal and Gene linked Abnormalities	12	10
	2.2 Piaget's	Piaget's Approach to Cognitive Development		

	2.3 Roots of Language	Roots of Language and Language Development		
	2.4 Importance	Importance of Nutrition in Infancy		
3. Early Childhood	3.1 Physical Development	i) Physical changes, brain development. ii) Health and Illness	12	10
	3.2 Piaget's	Piaget's Approach to Cognitive Development – Pre operational thinking		
	3.3 Social and Personality	Social and Personality Development in Early Childhood i) Sense of self ii) Development of Friendship		
	3.4 Family Development	Family Development and Effective Parenting.		
4. Middle Childhood	4.1 Development	a) Physical Development b) Motor Development	12	10
	4.2 Cognitive	Cognitive Development		
	4.3 Social Development	i) Friendship Development		
		ii) Learning Disabilities		
	4.4 Problems of School going Children	i) Sensory Difficulties ii) Learning Disabilities		
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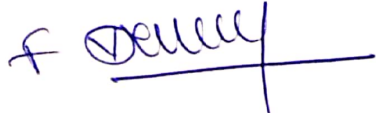
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Teacher Name	Course / Class	Subject Name	Subject Code	TERM-II
Shinde Shrinivas Machindra	SYBA	Developmental Psychology (S2)	2226	IV
Unit Name	Topic Name	Topic Description	No of Lect	Weightage
5. Adolescence	5.1 Physical	Physical Development and maturity	12	10
	5.2 Threats in Adolescence	i) Sexually Transmitted Diseases ii) Substance Abuse (Drugs, Alcohol, Tobacco)		
	5.3 Identity	i) Self Development ii) Marcia's Approach to Identity Development		
	5.4 Relationships	i) Family ii) Friends		
6. Early Adulthood	6.1 Work	Work and Career	12	10
	6.2 Dealing with Life Challenges	i) Stress and Coping		
	6.3 Marriage	Marriage and other relationship choices		
	6.4 Cognitive development	Perry's approach and Shaie's stages of development		
	7.1 Physical Development a	i) Physical changes as per ge		

nder difference

7. Middle Adulthood	7.2 Cognitive	Cognitive development	12	10
	7.3 Relationships	marriage, divorce, remarriages		
	7.4 Stress	i) Isolation, unemployment ii) Leisure time		
8. Late Adulthood	8.1 Physical Transitions	a) Signs of Ageing b) Slowing Reactions c) The Senses	12	10
	8.2 Health and Wellness	a) Physical problems b) Psychological Problems		
	8.3 Daily life of late adulthood	adjustment to retirement		
	8.4 Process	Process of Dying		
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Teacher Name	Course / Class	Subject Name	Subject Code	TERM -I
More.V.M	SYBA	Abnormal Psycholgy I (S1)	2225	III
Unit Name	Topic Name	Topic Description	No of Lect	Weightage
CHAPTER: 1. INTRODUCTION TO PSYCHOPATHOLO GY	1.1 abnormal behavior	Definition of mental disorder and criteria of abnormal behavior	14	10
	1.2 Pre DSM	Pre DSM classification of mental disorders and brief history of DSM.		
	1.3DSM	DSM based classification of mental disorders (Broad categories only)		
	1.4 Perspectives (paradigms) of psychopathology	i) Psychoanalytical ii) Biological iii) Cognitive iv) Behaviouristic v) Humanistic & Existential vi) Diathesis- Stress model		
CHAPTER: 2 -SCHIZOPHRENIA	2.1.schizophrenia	Definition and symptoms of schizophrenia	14	10
	2.2 schizophrenia	2.2Etiology and treatment of schizophrenia		
	2.3Other Psychosis	i) Brief psychotic disorder ii) Schizophreniform iii)Schizoaffective disorder.		
	2.4 Delusion	Delusional disorder		

CHAPTER: 3- DEPRESSIVE DISORDERS	3.1 depression	Definition and symptoms of depression	14	10
	3.2 Types of depression	i) Disruptive Mood Dysregulation Disorder ii) Major Depression iii) Dysthymia and Premenstrual dysphoric disorder.		
	3.3 Etiology	Etiology and treatment of depression		
	3.4 Bipolar	Bipolar-I, Bipolar -II and Cyclothymic disorder.		
CHAPTER: 4 -ANXIETY DISORDERS, OBSESSIVE- COMPULSIVE DISORDERS (OCD), TRAUMA & STRESSOR RELATED DISORDERS	4.1 anxiety disorder	Definition and symptoms of anxiety disorder	14	10
	4.2 Types of anxiety disorders	i) Separation Anxiety Disorder ii) Selective Mutism iii) Panic Disorder iv) Generalized Anxiety Disorder) Phobia: i) Specific phobia ii) Social phobia iii) Agoraphobia		
	4.3 Definition and symptoms of OCD	Subtypes of OCD: Body Dysmorphic Disorder, Hoarding Disorder, Trichotillomania, Excoriation Disorder		

DISORDERS.		i) Reactive attachment disorder. ii) Disinhibited social engagement disorder. iii) Post traumatic stress disorder. iv) Acute stress disorder.		
	4.4 Trauma and Stressor Related Disorder Types			
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More.V.M	SYBA	Abnormal Psychology I (S1)	2225	III
Unit Name	Topic Name	Topic Description	No of Lect	Weightage
CHAPTER: 5 - DISSOCIATIVE DISORDERS AND SOMATIC SYMPTOM RELATED DISORDERS	5.1 Definition	Definition and types of dissociative disorders.	14	10
	5.2 Somatic symptom disorder	Somatic symptom disorder		
	5.3 Illness	Illness anxiety disorder, conversion disorder		
	5.4 Factitious disorder			
CHAPTER: 6-SLEEP- WAKE DISORDERS,EATIN G DISORDERS AND NEUROCOGNITIVE DISORDERS	6.1 Insomnia disorder	hyper somnolence disorder, Narcolepsy. Breathing related sleep disorder: Sleep Apnea, Circadian rhythm sleep-wake disorder.	14	10
	6.2 Parasomnias	Non-REM sleep arousal disorders, sleep terror, nightmare and REM sleep behaviour disorder, restless legs syndrome.		

	6.3 Eating disorders	i) Bulimia Nervosa ii) Anorexia Nervosa iii) Binge- Eating disorder.		
	6.4 Delirium	Delirium and dementia.		
CHAPTER: 7- SEXUAL DISORDERS AND NEURODEVELOPM ENTAL DISORDERS.	7.1 Sexual Dysfunctions	Sexual Dysfunctions and Gender dysphonia	14	10
	7.2 Paraphilia	Paraphilia disorder		
	7.3 Intellectual disabilities	Types, causes and treatment		
	7.4 Autism	Hyper activity disorder and Learning disorder		
CHAPTER: 8 -PERSONALITY DISORDERS	8.1 Definition	Definition and characteristics of personality disorder.	14	10
	8.2 Personality disorder	Cluster -A Personality disorder		
	8.3 Personality disorder	Cluster -B Personality disorder		
	8.4 Personality disorder	Cluster -C Personality disorder		
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